



The Bamboo Shoots

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We do hope The Bamboo Shoots born out of the soil of Yamato-Takada will grow up and act as a go-between for the citizens in Lismore and in Yamato-Takada



Yamato Takada Exchange students visit Lismore City from July 26 to August 10, 2018 (two-week stay)

Yamato Takada City gov. sent the five exchange students along with an English teacher, group leader, to Lismore city, Australia.

During their stay in Lismore they visited Kadina High School to study and interact with some students there, Southern Cross University, Child Care Center and so on to learn and experience a lot of actual states there.

On August 7 they had a great chance to take part in the talk session between the two cities through the

live-action coverage over the Internet.

At the farewell party they showed the participants how to play some traditional Japanese festival games, such as a yo-yo fishing, wanage, or quoits throwing, and so on. Australian participants as well as Japanese students enjoyed 'ninin-baori', which is a kind of games done in pairs wearing a half-length kimono for a normal type.

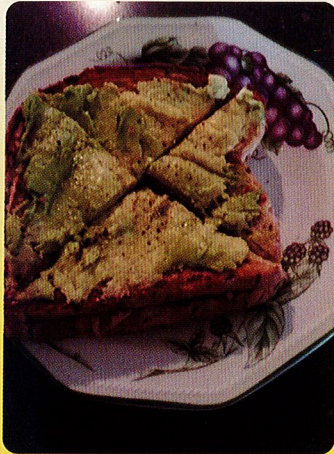


2018 Exchange students presents Animals and food that we found in Lismore

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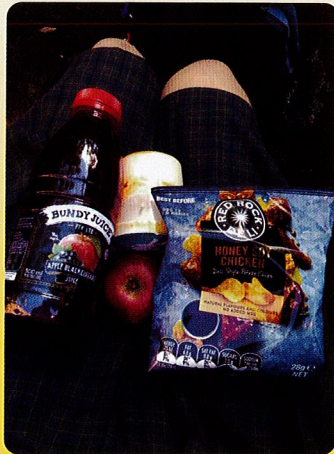
FOOD

For Australian meals, dinner at home and outside meals were basically anything but one plate. One meal was a menu like this.



Breakfast

Toast with avocados on bread with cheese.



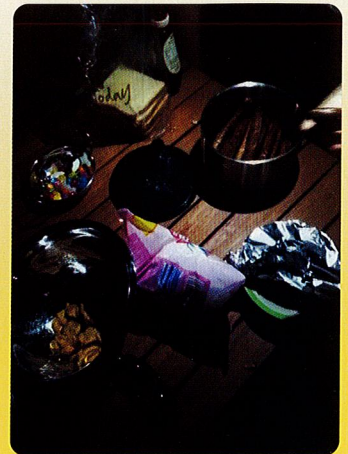
Lunch (High school)

Fruit juice, potato chips, apple, yogurt. In High school, it seems that is normal to buy it in a lunch box on a shop.



Dinner

Things fried with meat, vegetables boiled and mashed potato with sweet potatoes added. Australian sweet potatoes are orange and sweetness.



On the day when I played a bonfire in the garden, we had a very good time surrounding the fire, like making a hot dog myself, baking a marshmallow.

What I thought when eating out was that vegetarian menus were used at any store. Also, it seems that any menu was accompanied by potato fried.



Pie

Pie was the first meal to arrive in Australia. Meat pies, sweet pies with apple and blueberries. We were perplexed by so much variety that we didn't know what to ask. In the morning tea and the host family's houses, we have the opportunity to eat pie, and we felt that pie is popular food for local people. Although in Japan I have not eaten so many kinds of pie, it was enough delicious to think that anyone would like to make it at home as well.

Schnitzel

Schnitzel is a celebration cuisine, the most popular dish for Australians, and now it is being eaten not only on holidays, but also at all times. In Australia, there is also a fast food store selling only Schnitzel. In general, it is said that of a calf's cutlet, but actually there are many other than beef. I think that there were many chicken Schnitzels in Australia.





Lamb meat

Lamb is very common in Australia as much as beef. From mince to steak and chunks are also rich in variety. I got my host family to make it a lamb chop and ate it, but it was very delicious.

It's easy to cook with your favorite taste, just baking in an oven or frying pan, and it is often eaten when you make barbecue.

Pavlova

It is Australian sweet that I cooked at my homestay house. Pavlova is a traditional confectionery that bubbled foamed meringue in an oven and baked fresh cream and fruits. The fabric is sweet, the cream is crispy, the taste of fruits is accented!

I don't feel like something sweet very much even though they are very delicious!



ANIMAL



Koala

Body color is gray on the back, white on the abdomen, body length is about 65-82cm, and weight is about 4-15kg. Koala likes eucalyptus leaves containing many tannins and oils. Sometimes koalas walk and walk on four legs.

Normally it is alone, and he is rarely more than two. Living on trees, the leaves grow lively and rest at places where sunlight and rain and the like surrender. Sleeping or resting 18-20 hours a day, the most active time is early in the morning and evening.

Kangaroo

Along with Koala, it is an animal symbolizing Australia. The etymology of kangaroo means "jumping" in Guugu Yimithirr.

The body length is small, from 25cm to 160cm, the body weight varies from about 0.5kg to 85kg. There are many kinds of colors such as reddish brown and gray.

In Australia, because wild kangaroos may jump out onto the road, there are signs to warn kangaroos. Also, some people have bumpers attached to them to minimize damage to the car body if a collision accident occurs with a kangaroo.

Kangaroo's body hair is very fluffy and pleasant.



Emu

It is a bird that inhabits plains and sandy areas throughout Australia. The body height is about 1.6-2.0, which is tall next to the ostrich in the birds. The egg is a dark green color like avocado, and there are features such as how male and female are different in how to sing. In the Australian zoo, I was able to see the emu near by. Because the body is big, there is power, but it is a lovely animal with a calm face.



Takada-Nishi
Junior High School
Teacher
Akira Fukuoka



Second time Lismore

It was the second time for me to stay in Lismore. People in council welcomed us with a smile. So I remember that I felt a sense of security at that time. People in Lismore were with a smile, and some of them greeted us. I was glad and felt friendliness.

I went to a beach to have a picnic with my host family, and I had roast with host mother's sister family on weekends. I spent time with fun. I learned a lot in downtown, primary school, high school, and university on weekdays. I felt that there were many green here and there. I understood that many people were interested in

Japan. They tried to speak Japanese, and they learned Japanese culture actively. When we were away from Lismore, I didn't want to leave from my host family and people in council with big love. I experienced so much, and I appreciate that Yamato Takada City chose me as a chaperone. To have next generation continue this long sister city relationship, I am going to tell the experience in Lismore to my students. Thank you.

