



The Bamboo Shoots

A local newsletter quarterly issued
Yamato Takada Lismore Sister City Association, Nara, Japan
Summer Issue, 2024

No.184

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We do hope The Bamboo Shoots born out of the soil of Yamato Takada will grow up and act as a bridge between the citizens in Lismore and in Yamato Takada

LISMORE NEWS

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Every day in Australia we were surprised by new experiences and realized we were in a land of different cultures. The people we met there, including our families and the city council staff, were all so warm and welcoming that just thinking about them brings us to tears.

We are grateful for the precious experiences that we were able to have, which will remain as lifelong memories, and we hope to use these experiences to broaden our horizons.

Here we will share with you the places we went, the wildlife we saw, and the food we ate in Lismore!

Places we visited



Westpac Rescue Helicopter Service

It takes more than two hours by car from Lismore to Brisbane or Sydney, but by helicopter it takes just 30-45 minutes, which is why helicopters are used instead of ambulances! Doctors and staff are on standby on a 24-hour support system, and the helicopters are kept outside so they can be dispatched more quickly.

Inside the helicopter

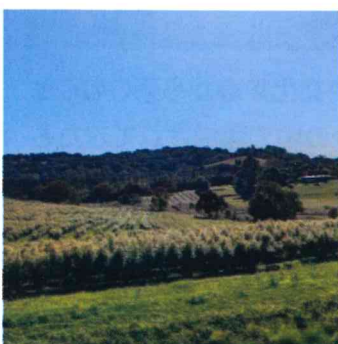
Kadina High School

We took classes with local high school students. We made friends through cricket and table tennis, and learned about indigenous Australian's art in art class. We sampled honey we made in agriculture class, and took care of cows. It was a very fulfilling day!



Australian Lemon Myrtle Farm

Lemon myrtle leaves, which are good for your body, are harvested and exported to Europe and other places. We put lemon myrtle leaves in water and it. It had a refreshing scent and was delicious!



Wild animals



Pelican

On our day off, we visited Evans Head, with our host family, where we saw pelicans swimming!



Koala

In Australia, koalas are actively protected by planting gum trees, which koalas love. If you're lucky, you might even see one while driving!



Platypus

We happened to see a platypus while out walking. Apparently, even people who live in Australia rarely see platypus in the wild.

Food



Kangaroo meat



Lamingtons



Meat pies



Australian sweets



Message

from our English teacher in charge: Issei Uno, Takada Commercial High School

During our stay in Lismore, we were warmly welcomed by the local community. Despite the differences in language and culture, we were greeted with smiles wherever we went, and everyone we met treated us with kindness. What stood out the most was the way our host families went out of their way to ensure our comfort, allowing us to fully enjoy Lismore's rich natural beauty and vibrant culture. At the same time, we couldn't help but feel the profound weight of the history between Lismore and Yamatotakada city,

realizing that the warmth we received was nurtured over more than 60 years of the sister city relationship.

The five students from Yamatotakada city have undoubtedly deepened their understanding of different cultures and broadened their perspectives through this experience. I hope they continue to grow and build upon these invaluable experiences in the future. To everyone in Lismore, thank you very much.